

Learning Domains	Week 1 Showing Manners	Week 2 Labor Day	Week 3 Parts of Leaf	Week 4 Parts of Body	Week 5 Parts of an Apple	Every Week
Physical Health and Motor Development •Health and Well-being •Gross Motor Skills Fine Motor Skills	Self Help Skill: Practice saying “please” and “thank you” during snack and playtime.	Self Help Skill: Practice putting toys and materials away like a community helper.	Self Help Skill: Practice gently holding, carrying, and caring for leaves.	Self Help Skill: Practice washing hands and identifying body parts during daily routines.	Self Help Skill: Practice washing and preparing an apple with teacher assistance.	Yoga Poses- balancing, breathing, stretching, large & small body movements
	Big Body: Manners Movement Game walk, stop, wave, and greet friends.	Big Body: Community Helper Movement Game	Big Body: Leaf Walk, jump, and collect fallen leaves.	Big Body: Body Movement Game, jump, stretch, bend, and march.	Big Body: Apple Picking Movement Game	Large Group: Talk about Harvest activities for the week.
	Activity: Practice sharing, taking turns, and using kind manners.	Activity: Pretend to perform different community helper jobs.	Activity: Search for leaves of different shapes, sizes, and colors.	Activity: Follow directions to move different parts of the body.	Activity: Pretend to pick apples and place them into a basket.	Block Center- play and build with different sizes of blocks
	Art/ Fine Motor: Make a “Kind Hands” paper plate.	Art/ Fine Motor: Decorate a community helper hat.	Art/ Fine Motor: Make leaf rubbings with crayons.	Art/ Fine Motor: Create a body-parts collage.	Art/ Fine Motor: Apple stamping with cut apples.	SENSORY activity weekly
Language & Communication Development - Listening and Understanding - Communication & Speaking - Emergent Literacy	Read: <i>Do Unto Otters</i>	Read: <i>Whose Tools?</i>	Read: <i>Leaf Man</i>	Read: <i>My Body</i>	Read: <i>The Apple Pie Tree</i>	Large Group:
	Make Chart: Kind Words We Use	Make Chart: Community Helpers	Make Chart: Parts of a Leaf	Make Chart: My Body Parts	Make Chart: Parts of an Apple	Play:
	Activity: Match pictures of good manners with polite words.	Activity: Match community helpers with their tools.	Activity: Identify the leaf, stem, and veins on a real leaf.	Activity: Match body-part pictures and name each part.	Activity: Identify the skin, flesh, seeds, stem, and core.	Transition Activity:
	MUSIC: “Please and Thank You” Song	MUSIC: “Community Helpers” Song	MUSIC: “Leaves Are Falling” Song	MUSIC: “Head, Shoulders, Knees and Toes”	MUSIC: “Five Little Apples” Song	Puzzles -
Social and Emotional Development - Trust and Emotional Security - Self-Awareness - Self-Regulation - Relationships with Others	Fingerplay: Please and Thank You	Fingerplay: Community Helpers	Fingerplay: Five Little Leaves	Fingerplay: Head, Shoulders, Knees and Toes	Fingerplay: Five Little Apples	Connection Rituals-
	Model: Model kindness, sharing, and taking turns with friends.	Model: Model appreciation and respect for people who help our community.	Model: Model gentle hands and curiosity while exploring nature.	Model: Model calm breathing and healthy ways to express feelings.	Model: Model sharing, patience, and taking turns with friends.	Practice self-calming techniques STAR- Stop Take a Deep Breath and Relax- Conscious Discipline
Cognitive Development - Exploration and Discovery - Problem Solving - Memory - Imitation & Make Believe	Science/Nature- Explore how kind actions make our friends feel.	Science/Nature- Explore different tools used by community helpers.	Science/Nature- Observe real leaves and explore their different parts.	Science/Nature- Explore how our body parts help us move, breathe, and play.	Science/Nature- Explore a whole apple and discover its different parts.	Shape sorters and simple memory game with children during play time
	Activity: Sort pictures into kind and unkind behaviors.	Activity: Match tools with the jobs they help us do.	Activity: Compare leaves by their shapes, sizes, colors, and textures.	Activity: Explore simple body systems using pictures and movements.	Activity: Examine an apple and sort its pieces and seeds.	Talk about solving problems with friends anytime disagreements arise
	Sensory Bin: Pretend Tea Party	Sensory Bin: Construction Sensory Bin	Sensory Bin: Leaves, pinecones, and natural materials	Sensory Bin: Body-themed sensory materials	Sensory Bin: Apples, leaves, and apple seeds	Transitions- utilized to count & practice various skills
	Play: Pretend Classroom Manners	Play: Pretend Community Helpers	Play: Forest Animal Pretend Play	Play: Doctor and Patient Pretend Play	Play: Pretend Apple Orchard and Apple Picking	Change out materials in Dramatic play area weekly

“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____
