

Infant under 12 months are not walking have individual schedules based on eating, sleeping and diapering schedules

Learning Domains	Week 1 Showing Manners	Week 2 Labor Day	Week 3 Parts of Leaf	Week 4 Parts of Body	Week 5 Parts of an Apple	Every Week
Physical Health and Motor Development - Health and Well-being - Gross Motor Skills - Fine Motor Skills	Yoga Poses- Tree Pose	Yoga Poses- Mountain Pose	Yoga Poses- Butterfly Pose	Yoga Poses- Cat-Cow Pose	Yoga Poses- Apple Tree Pose	Music/Instruments- rattles & shakers, drums
	Free play- Practice sharing toys, taking turns, and using gentle hands.	Free play- Pretend to work as community helpers using toy tools and props.	Free play- Collect, carry, and sort leaves by size and color.	Free play- Body movement play with climbing, stretching, and dancing.	Free play- Pretend apple picking, carrying baskets, and sorting apples.	Self Help skills- hand washing, eating
Language & Communication Development - Listening and Understanding - Communication & Speaking - Emergent Literacy	Book: <i>Do Unto Otters</i>	Book: <i>Whose Tools?</i>	Book: <i>Leaf Man</i>	Book: <i>My Body</i>	Book: <i>The Apple Pie Tree</i>	Read School Family Book and others as children ask
	Songs- "Please and Thank You" Song	Songs- "Community Helpers" Song	Songs- "Leaves Are Falling" Song	Songs- "Head, Shoulders, Knees and Toes"	Songs- "Five Little Apples" Song	Labeling items children are using Counting- items children are playing with
Social and Emotional Development - Trust and Emotional Security - Self-Awareness - Self-Regulation - Relationships with Others	Fingerplay: Please and Thank You	Fingerplay: Community Helpers	Fingerplay: Five Little Leaves	Fingerplay: Head, Shoulders, Knees and Toes	Fingerplay: Five Little Apples	Connection Rituals-
	Modeling Emotions- Model kindness by using polite words, sharing, and taking turns.	Modeling Emotions- Model appreciation and respect for people who help our community.	Modeling Emotions- Model gentle hands and curiosity while exploring leaves.	Modeling Emotions- Model calm breathing and healthy ways to express feelings.	Modeling Emotions- Model sharing, patience, and taking turns with friends.	Practicing Breathing- Star & Balloon Breathing- Conscious Discipline
Cognitive Development - Exploration and Discovery - Problem Solving - Memory - Imitation and Make Believe	Recall:	Recall:	Recall:	Recall:	Recall:	
	Sensory- Tea Party Sensory Play	Sensory- Construction Sensory Bin	Sensory- Leaves, pinecones, and natural materials	Sensory- Body Parts Sensory Play	Sensory- Apple, leaves, and apple-seed sensory exploration	Play with toys that make noise
	Free Play- Pretend classroom manners and friendly greetings.	Free Play- Pretend to be firefighters, builders, cooks, and gardeners.	Free Play- Pretend to be forest animals exploring nature.	Free Play- Doctor and patient pretend play.	Free Play- Pretend apple orchard and apple picking.	Teach problem solving as disputes occur

“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Items needed for Month Lessons & Activities:

Group: 6 monthes-18monthes-1’s

Month: September 2026

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____
