

July Menu 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6 B- Pancake and Apples L- Fish sticks French fries Oranges S-Cheese whales /Pears V- Cheese Sandwich	7 B-WG Oatmeal and Raisins L- Beef Marinara pasta Cantaloupe S- Pretzel Sticks/Cantaloupe V- marinara Pasta/Cantaloup	8 B- Butter Biscuit Cantaloupe L- Beef & Cheese Quesadilla Broccoli/Grapes S- Graham Crackers Pineapples V-Cheese Sandwich	9 B-Cream Cheese Sandwich Apples L- Chicken and Rice with Lentils S- Chex Mix/ Peaches V- Butter Pasta Rice with Lentils V- Rice with Lentils	10 B- Pancake & Strawberry L- Corn dog/ Corn S- Cheese Whales/Apples V-Cheese Sandwich
13 B- French Toast and Pears L-Mini Chicken Nuggets Tater Tots Pears S- Grilled Cheese V- Cheese Panini	14 B-Cheerios and Banana L-- Mac & Cheese with veggies Carrot/Fruit Cocktail S-Cheese Crackers/Bananas	15 B-Croissant with Apples L-Turkey and cheese roll-ups /Grapes S-Pretzel Sticks /Oranges V—Cheese roll-ups	16 B-WG Blueberry Waffles/ Strawberries L- Chicken Noodles Peas/Pears S- Tortilla Chips/Pears V- Veggie Noodle Soup	17 B-Cream Cheese Sandwich Fruit Cocktail L- Whole Wheat Turkey Cheese Pizza S- Cheese & wheat crackers /Apples V- Whole Wheat Turkey Cheese Pizza
20 B- Pancake Apples L- Turkey Hotdog Tater Tots Cantaloupe S- Graham Crackers/Fruit Cocktail V- Veggie Wrap	21 B-WG Oatmeal with Peaches L- Chicken Alfredo Pasta/ Green Beans Grapes S- Animal Crackers Pears V- Alfredo Pasta/Green beans and grapes	22 B- WG Jelly Sandwich Pineapples L- Beef & Cheese Quesadilla Carrots Apples S-Pretzel Sticks/Banana V- Cheese Quesadilla	23 B- Egg & Cheese Burrito Cantaloupe L- Chicken Rice with Black Beans and Corn S- Banana Muffins/ Apples V- Rice with Black Beans and Corn	24 B- Mediterranean breakfast (Feta cheese, cucumber & Wheat naan) L-Fish Sticks French Fries/Pears S- Chex Mix /Pears V- Cheese Sandwich
27 B- WG Waffle with Blueberries L- Corndog Celery/ Pears S-Apples Animal Crackers V-Butter Pasta	28 B- Croissant and Grapes L- Beef Marinara pasta with Broccoli S- Pretzel Stick Raisins V- Marinara pasta with Broccoli	29 B- French Toast with Fruit Cocktail L- Chicken Wrap Corn Apples S- Tortilla chips/Banana V- Cheese Wrap	30 B- Cream cheese sandwich L- Chicken Noodles Peas/Oranges S- Pretzel sticks Pineapple V- Veggie Noodle Soup	31 B- WG Cheerios with Milk /Oranges L- Cheese Burger Tater tots/Cantaloup S- Cheese Whales/ Apples V- Veggie Burger

- All meals are served with 1% milk/water.
- Meals are all freshly made daily
- Meal calendar subject to change depending on an availability