

Learning Domains	Week 1	Week 2	Week 3	Week 4	Week 5	Every Week
	Ocean Adventure	Cultural Week	Space Explorer	Little Scientist	Superhero	
Physical Health and Motor Development <ul style="list-style-type: none"> • Health and Well-being • Gross Motor Skills • Fine Motor Skills 	Self Help Skill: Hand washing practice	Self Help Skill: Putting on jacket	Self Help Skill: Snack serving practice	Self Help Skill: Table cleaning practice	Self Help Skill: Backpack hanging	Yoga Poses- balancing, breathing, stretching, large & small body movements
	Big Body: Crab walk	Big Body: World dance	Big Body: Rocket jumps	Big Body: Animal movement walk	Big Body: Hero obstacle course	Large Group: Talk about Harvest activities for the week.
	Activity: Ocean movement game	Activity: Move around the world game	Activity: Planet hop game	Activity: Science movement game	Activity: Rescue mission race	Block Center- play and build with different sizes of blocks
	Art/Fine Motor: Shell painting	Art/Fine Motor: Flag collage	Art/Fine Motor: Planet stamping	Art/Fine Motor: Color mixing art	Art/Fine Motor: Superhero mask making	SENSORY activity weekly
Language & Communication Development <ul style="list-style-type: none"> • Listening and Understanding • Communication & Speaking • Emergent Literacy 	Read: Ocean Friends	Read: Families Around the World	Read: Space Shapes	Read: Science Fun	Read: Brave Heroes	Large Group:
	Make Chart: Fish color chart	Make Chart: Favorite food chart	Make Chart: Moon phase chart	Make Chart: Sink and float chart	Make Chart: Hero helper chart	Play:
	Activity: Count ocean animals	Activity: Match cultural pictures	Activity: Rocket shape sorting	Activity: Simple experiment sorting	Activity: Match hero symbols	Transition Activity:
	MUSIC: Ocean drum sounds	MUSIC: Cultural rhythm instruments	MUSIC: Rocket rhythm sounds	MUSIC: Shaker experiment sounds	MUSIC: Superhero marching song	Puzzles -
Social and Emotional Development <ul style="list-style-type: none"> • Trust and Emotional Security • Self-Awareness • Self-Regulation • Relationships with Others 	Fingerplay: Wiggle fingers like swimming fish.	Fingerplay: Hello Around the World	Fingerplay: Zoom Zoom Rocket Count fingers and blast off.	Fingerplay: Mix and Pour Hands Pretend to stir and pour.	Fingerplay: Flying Superhero Hands	Connection Rituals-
	Model: Happy and calm expressions	Model: Friendly expressions	Model: Excited expressions	Model: Curious expressions	Model: Brave expressions	Practice self-calming techniques STAR- Stop Take a Deep Breath and Relax- Conscious Discipline
Cognitive Development <ul style="list-style-type: none"> • Exploration and Discovery • Problem Solving • Memory • Imitation & Make Believe 	Science/Nature: Seashell exploration	Science/Nature: World plants exploration	Science/Nature: Star observation	Science/Nature: Magnet exploration	Science/Nature: Ramp speed testing	Shape sorters and simple memory game with children during play time
	Activity: Fishing net toss	Activity: Globe spinning game	Activity: Rocket building	Activity: Water pouring station	Activity: Rescue relay game	Talk about solving problems with friends anytime disagreements arise
	Sensory Bin: Blue rice with shells	Sensory Bin: Rainbow pasta bin	Sensory Bin: Black beans with stars	Sensory Bin: Bubble foam play	Sensory Bin: Pom-pom rescue bin	Transitions- utilized to count & practice various skills

Play: Ocean animal pretend play	Play: International kitchen pretend play	Play: Astronaut pretend station	Play: Science lab pretend play	Play: Superhero rescue station	Change out materials in Dramatic play area weekly
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“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Items needed for Month Lessons & Activities: Group: 18monthes-2's Month: June 2026

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____

