

Each Infant's schedule is individual based on their sleeping, eating and diaper schedules.

Learning Domains	Week 1	Week 2	Week 3	Week 4	Week 5	Every Week
	Ocean Adventure	valentines	President week	Different cultures	Different cultures	
Physical Health and Motor Development <ul style="list-style-type: none"> Health and Well-being Gross Motor Skills Fine Motor Skills 	Instruments: Soft shaker rattles, ocean wave scarves Baby Games: Peek-a-boo with blue cloth, gentle rolling play	Instruments: Soft bells, hand drums Baby Games: Mirror greeting and waving hello	Instruments: Light-up sensory balls, soft star rattles Baby Games: Light chasing with flashlight and stars	Instruments: Water drums, sensory bottles Baby Games: Bubble popping and splash play	Instruments: Soft tambourine, cape ribbons Baby Games: Soft crawling obstacle course	Music/Movement- rattles & shakers Baby Games- peek a-boo Tummy Time
Language & Communication Development <ul style="list-style-type: none"> Listening and Understanding Communication & Speaking Emergent Literacy 	Activity: Ocean sounds exploration (wave, fish, bubble)	Activity: Listening to different greeting sounds and tones	Activity: Moon, star, rocket sound imitation	Activity: Pop, splash, bubble sound exploration	Activity: Action words (go, stop, fly)	School Family Book with pictures of children
	Sign Language: Fish	Sign Language: Friend	Sign Language: Star	Sign Language: More	Sign Language: Help	
Reading time	Book: Baby Beluga	Book: Global Babies	Book: Goodnight Moon	Book: Baby Loves Science	Book: Ten Little Superheroes	Work on individual Infants goals
Social and Emotional Development <ul style="list-style-type: none"> Trust and Emotional Security Self-Awareness Self-Regulation Relationships with Others 	Finger Play: Gentle "ocean wave" hand movement	Finger Play: Simple clapping rhythm with caregiver	Finger Play: Twinkling fingers like stars in the sky	Finger Play: Finger tapping "pop pop" bubbles	Finger Play: Flying superhero arm movements	Repeat/Recall
	Modeling Emotions: Happy, relaxed expressions like ocean waves	Modeling Emotions: Friendly	Modeling Emotions: Calm curiosity	Modeling Emotions: Curious observation and excitement	Modeling Emotions: Brave, confident, helping expressions	Labeling- objects and emotions
Cognitive Development <ul style="list-style-type: none"> Exploration and Discovery Problem Solving Memory Imitation and Make Believe 	Activity: Shell touch and sensory exploration, water texture play	Activity: Cultural picture cards exploration and matching faces	Activity: Light and shadow exploration using objects	Activity: Cause and effect toys (press, squeeze, respond)	Activity: Action words (go, stop, fly)	Teachers will work on problem solving

Items needed for Month Lessons & Activities:Group: Infants-8weeks-12monthes/ 1's

Month: June 2026

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the infant learn/enjoy, what did they master? _____

What would you do differently or what developmental goals to add to the Lesson Plan?