

Learning Domains	Week 1 Mother's Day	Week 2 Parts of flower	Week 3 Building and construction	Week 4 Memorial day	Every Week
Physical Health and Motor Development <ul style="list-style-type: none"> • Health and Well-being • Gross Motor Skills • Fine Motor Skills 	Self-Help Skill Wash hands with soap and water before and after activities	Self-Help Skill Water plants using a small cup and learn care for nature	Self-Help Skill Clean up toys and return materials to shelves	Self-Help Skill Fold small cloths and practice independence	Yoga Poses - balancing, breathing, stretching, large & small body movements
	Big Body Jump in place and land safely on both feet	Big Body Stretch arms up high like a growing flower	Big Body Carry blocks from one place to another safely	Big Body March in a line while following directions	Large Group: Talk about Harvest activities for the week.
	Activity: Carry and care for a baby doll gently	Activity: Pick and explore flower petals using hands	Activity: Stack blocks to build simple towers	Activity: Wave small flags using arm movements	Block Center- play and build with different sizes of blocks
	Art / Fine Motor Make a heart craft using paper, glue, and crayons	Art / Fine Motor Paint flowers using brushes and bright colors	Art / Fine Motor Use blocks dipped in paint to make prints	Art / Fine Motor Create a flag craft using red, white, and blue paper	SENSORY activity weekly
Language & Communication Development <ul style="list-style-type: none"> • Listening and Understanding • Communication & Speaking • Emergent Literacy 	Read Look at a simple book about moms and point to pictures	Read Read a flower book and name parts	Read Read a building book and identify objects	Read Read a color book and name colors	Large Group:
	Make Chart Create a family chart with pictures	Make Chart Make a chart showing flower parts	Make Chart Make a chart of shapes used in building	Make Chart Make a chart of red, white, and blue colors	Play:
	Activity: Name mom	Activity: Name colors	Activity: Name shapes	Activity: Name colors	Transition Activity:
	Music Clap song	Music Garden song	Music Tap rhythm	Music Drum beat	Puzzles -
Social and Emotional Development <ul style="list-style-type: none"> • Trust and Emotional Security • Self-Awareness • Self-Regulation • Relationships with Others 	Fingerplay Use hands to act out a mommy rhyme	Fingerplay Open and close hands like a blooming flower	Fingerplay Use hands to act out building actions	Fingerplay Wave hands like a flag	Connection Rituals-
	Modeling Caring	Modeling Gentle touch	Modeling Teamwork	Modeling Respect	Practice self-calming techniques STAR- Stop Take a Deep Breath and Relax- Conscious Discipline
Cognitive Development <ul style="list-style-type: none"> • Exploration and Discovery • Problem Solving • Memory 	Science / Nature Activity Look at family photos and identify people	Science / Nature Activity Explore real plants and learn parts	Science / Nature Activity Sort objects by hard and soft	Science / Nature Activity Mix colors and observe changes	Shape sorters and simple memory game with children during play time
	Sensory Bin Explore soft cloth materials using touch	Sensory Bin Play with soil and natural materials	Sensory Bin Use sand tools for scooping and pouring	Sensory Bin Explore colored rice using hands and cups	Talk about solving problems with friends anytime disagreements arise
	Activity: Hug game	Activity: Leaf sort	Activity: Tower build	Activity: Flag sort	Transitions- utilized to count & practice various skills

- Imitation & Make Believe

Play Explore colored rice using hands and cups	Play Pretend gardening and caring for plants	Play Pretend building with tools and blocks	Play Pretend parade and flag celebration	Change out materials in Dramatic play area weekly
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“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Items needed for Month Lessons & Activities: Group: 18monthes-2’s Month: May 2026

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____
