

Infant under 12 months are not walking have individual schedules based on eating, sleeping and diapering schedules

Learning Domains	Week 1 Mother's Day	Week 2 Parts of flower	Week 3 Building and construction	Week 4 Memorial Day	Every Week
Physical Health and Motor Development <ul style="list-style-type: none"> Health and Well-being Gross Motor Skills Fine Motor Skills 	Yoga Poses- Sit like a butterfly and gently move legs up and down	Yoga Poses- Stand like a tree and balance on one foot	Yoga Poses- Stand tall like a mountain with hands by sides	Yoga Poses- Stretch arms and legs wide like a star	Music/Instruments- rattles & shakers, drums
	Free play- Pretend to care for baby dolls (feeding, holding)	Free play- Explore a basket of flowers and natural items	Free play- Stack and knock down blocks	Free play- Play with small flags and wave them	Self Help skills- hand washing, eating
Language & Communication Development <ul style="list-style-type: none"> Listening and Understanding Communication & Speaking Emergent Literacy 	Book: I Love Mom	Book: Read a flower book and name what children see	Book: Read a building book and identify objects	Book: Read a colors book and name colors	Read School Family Book and others as children ask
	Songs- Skidamarink	Songs- Ring Around Rosie	Songs- The Builder Song	Songs- Red White Blue	Labeling items children are using Counting- items children are playing with
Social and Emotional Development <ul style="list-style-type: none"> Trust and Emotional Security Self-Awareness Self-Regulation Relationships with Others 	Fingerplay: Give gentle hugs using hands	Fingerplay: Open and close hands like a blooming flower	Fingerplay: Tap hands like using a hammer	Fingerplay: Wave hands slowly like a flag	Connection Rituals-
	Modeling Emotions- Loving	Modeling Emotions- Happy	Modeling Emotions- Proud	Modeling Emotions- Calm	Practicing Breathing- Star & Balloon Breathing- Conscious Discipline
Cognitive Development <ul style="list-style-type: none"> Exploration and Discovery Problem Solving Memory Imitation and Make Believe 	Recall Book-	Recall Book-	Recall Book-	Recall Book-	Recall different events from the day.
	Sensory- Touch and feel soft fabrics	Sensory- Explore real or fake petals with hands	Sensory- Play with sand using cups and scoops	Sensory- Explore colored rice using hands and tools	Play with toys that make noise
	Free Play- Use shape sorter to match shapes	Free Play- Sort objects by color	Free Play- Build and stack towers	Free Play- Match colours using simple materials	Teach problem solving as disputes occur

“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Items needed for Month Lessons & Activities:

Group: 6 monthes-18monthes-1’s

Month: May 2026

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____

