

Each Infant's schedule is individual based on their sleeping, eating and diaper schedules.

Learning Domains	Week 1	Week 2	Week 3	Week 4	Every Week
	Mother's Day	Parts of flower	Building and construction	Memorial Day	
Physical Health and Motor Development <ul style="list-style-type: none"> Health and Well-being Gross Motor Skills Fine Motor Skills 	Instruments- Soft lullaby shaker Baby Games- Peekaboo with scarf	Instruments- Bell sounds (soft nature tone) Baby Games- Touch soft petals	Instruments- Tap blocks sound Baby Games- Stack soft blocks	Instruments- Drumbeat (soft) Baby Games- Flag waving	Music/Movement- rattles & shakers Baby Games- peek a-boo Tummy Time
Language & Communication Development <ul style="list-style-type: none"> Listening and Understanding Communication & Speaking Emergent Literacy 	Activity: Looking at family photos	Activity: Exploring real flowers	Activity: Knock down towers	Activity: Red, white, blue scarves	School Family Book with pictures of children
	Sign Language: Mom	Sign Language: Flower	Sign Language: Fix	Sign Language: Flag	
Reading time	Book: I Love Mom	Book: Little Flower Book	Book: Building Book	Book: Color Book	Work on individual Infants goals
Social and Emotional Development <ul style="list-style-type: none"> Trust and Emotional Security Self-Awareness Self-Regulation Relationships with Others 	Finger Play: Gently clap hands together slowly	Finger Play: Open and close hands like a flower blooming	Finger Play: Tap fingers together to make soft sounds	Finger Play: Wave hands slowly in the air	Repeat/Recall
	Modeling Emotions Happy faces	Modeling Emotions Curious face	Modeling Emotions Excited face	Modeling Emotions Calm face	Labeling- objects and emotions
Cognitive Development <ul style="list-style-type: none"> Exploration and Discovery Problem Solving Memory Imitation and Make Believe 	Activity: Look in a mirror and practice smiling	Activity: Match and explore colourful flower cards	Activity: Play with cause-and-effect toys (press, shake, drop)	Activity: Match colors using simple objects	Teachers will work on problem solving

Items needed for Month Lessons & Activities:Group: Infants-8weeks-12monthes/ 1'sMonth: **May 2026**

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the infant learn/enjoy, what did they master? _____

What would you do differently or what developmental goals to add to the Lesson Plan?
