

Learning Domains	Week 1 Dr. Suess Week	Week 2 Bugs Insects	Week 3 Persian New Year	Week 4 Solar System	Every Week
Physical Health and Motor Development • Health and Well-being • Gross Motor Skills Fine Motor Skills	Self-Help Skill Coat hanging	Self-Help Skill Snack peeling	Self-Help Skill Table wiping	Self-Help Skill Shoe Velcro	Yoga Poses - balancing, breathing, stretching, large & small body movements
	Big Body Line walking	Big Body Butterfly hops	Big Body Sun stretch	Big Body Rocket jumps	Large Group: Talk about Harvest activities for the week.
	Hand washing	Tooth brushing	Water drinking	Stretch break	Block Center - play and build with different sizes of blocks
	Art / Fine Motor Sponge painting	Art / Fine Motor Sticker bugs	Art / Fine Motor Flower stamping	Art / Fine Motor Star collage	SENSORY activity weekly
Language & Communication Development • Listening and Understanding • Communication & Speaking • Emergent Literacy	Read Cat in Hat	Read Bug book	Read Spring book	Read Space book	Large Group:
	Make Chart Color graph	Make Chart Bug sorting	Make Chart Weather board	Make Chart Planet sizes	Play:
	Rhyming words	Insect names	Persian Greeting words	Sun moon	Transition Activity:
	Music Drum beats	Music Buzz sounds	Music Tambourine rhythm	Music Space rhythm	Puzzles -
Social and Emotional Development • Trust and Emotional Security • Self-Awareness • Self-Regulation • Relationships with Others	Fingerplay Two Little Hands	Fingerplay Little Caterpillar	Fingerplay Blooming flower	Fingerplay Zoom Rocket	Connection Rituals-
	Modeling Happy faces	Modeling Gentle touch	Modeling Calm breathing	Modeling Quiet voice	Practice self-calming techniques STAR- Stop Take a Deep Breath and Relax- Conscious Discipline
Cognitive Development • Exploration and Discovery • Problem Solving • Memory • Imitation & Make Believe	Science / Nature Activity Sink float	Science / Nature Activity Magnifying glass	Science / Nature Activity Seed planting	Science / Nature Activity Shadow tracing	Shape sorters and simple memory game with children during play time
	Sensory Bin Rainbow rice	Sensory Bin Soil scooping	Sensory Bin Herb smelling	Sensory Bin Moon sand	Talk about solving problems with friends anytime disagreements arise
	Activity: Rhym match	Activity: Bug sorting	Activity: Haft-seen puzzle	Activity: Planet order	Transitions - utilized to count & practice various skills
	Play Dress up	Play Garden play	Play Family picnic	Play Astronaut roleplay	Change out materials in Dramatic play area weekly

“When children pretend, they’re using their imaginations to move beyond the bounds of reality. A stick can be a magic wand. A sock can be a puppet. A small child can be a superhero.” – Fred Rogers

Items needed for Month Lessons & Activities: Group: 18monthes-2's Month: **March 2026**

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the child learn/enjoy? _____

What would you do differently? _____

