

January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5 B- Pancake Apples L- Turkey Hotdog Tater Tots Cantaloupe V- Potato Hotdog (No Meat) S- Graham Crackers/Fruit Cocktail	6 B-WG Oatmeal with Peaches L- Cheese Tortellini Pasta/ Green Beans Grapes V- A Pasta (No meat) S- Animal Crackers Pears	7 B- WG Jelly Sandwich Pineapples L- Beef & Cheese Quesadilla Carrots Apples V- Bean burrito S-Pretzel Sticks/Banana	8 B- Egg & Cheese Burrito Cantaloupe L- Chicken Noodle Soup and Corn V- Veggie Noodle Soup S- Banana Muffins/ Apples	9 B- Mediterranean breakfast (Feta cheese, cucumber & Wheat naan) L-Fish Sticks French Fries/Pears V- Cheese & Potato Wraps S- Chex Mix / Pears
12 B- WG Waffle with Blueberries L- Corndog Celery/ Pears V-Grilled Cheese Sandwich S-Apples Animal Crackers	13 B- Croissant and Grapes L- Mac N Cheese Cantaloupe V-Pasta (No Meat) S- Pretzel Stick Raisins	14 B- French Toast with Fruit Cocktail L- Turkey Sandwich Cucumber & Peaches V- Veggie Sandwich S- Tortilla chips/Banana	15 B- WG Oatmeal and Raisins L- Fried Rice with Veggies/Chicken Peas V- Fried Rice with veggie (No meat) Oranges S- Pretzel sticks Pineapple	16 B- Scrambled eggs /Oranges L- Turkey Hotdog /Fresh Vegetables V- Potato and cheese hotdog (no meat) S- Cheese Whales/ Apples
19 School Closed Martin Luthar King Jr Day	20 B-Pancake & Pears L- Chicken afredo Pasta Corn Oranges S- Cheese Whales/ Pineapples	21 B- Blueberry Muffin & Apples L-Chicken Wrap Corn/ Apples V-Veggie Wrap S-Choco Animal Crackers/Cantaloupe	22 B- Scrambled eggs & Strawberries L- Fried Rice with Veggies and Chicken V- Fried Rice (No meat) Grapes S- Chex Mix/Pears	23 B- French Toast with Banana L- Turkey Hotdogs Tater Tots /Cantaloupe V- Cheese and potato on hotdog bun S- Graham Crackers/Fruit Cocktail
26 B- Croissant and Apples L- Fish sticks French fries Oranges V- Cheese Sandwich S-Cheese whales /Pears	27 B-WG Oatmeal and Raisins with Cheerios L- Beef Marinara Pasta with veggies Carrot/Fruit Cocktail V-Marinara Pasta (No meat) S- Pretzel Sticks/Cantaloupe	28 B- Butter Biscuit Cantaloupe L- Corn Dog Broccoli/Grapes V-Cheese Sandwich S- Graham Crackers/Pineapples	29 B-Cream Cheese Sandwich Apples L- Chicken Noodle Soup/Veggies V- Veggie Noodle Soup Carrot/Apples S- Chex Mix/ Peaches	30 B- Pancake & Strawberry L- Hamburger Corn V-Cheese Burger (No Meat) Veggie Salad S- Cheese Whales/Apples

- All meals are served with 1% milk/water.
- Meals are all freshly made daily
- Meal calendar subject to change depending on availability