

Each Infant's schedule is individual based on their sleeping, eating and diaper schedules.

	Five Senses	Day / Night	Civil Rights	Opposites	
Learning Domains	Week 1	Week 2	Week 3	Week 4	Every Week
Physical Health and Motor Development • Health and Well-being • Gross Motor Skills • Fine Motor Skills	Instruments: Shaking rattles to hear sounds. Baby Games: Peek-a-boo with soft scarves.	Instruments- Flashing light play Baby Games- Sun and moon	Instruments- Shaking the rattles to make music Baby Games- Floor time	Instruments: Loud and soft sounds with rattles. Baby Games: Fast and slow rolling ball.	Music/Movement- rattles & shakers Baby Games- peek a-boo Tummy Time
Language & Communication Development • Listening and Understanding • Communication & Speaking • Emergent Literacy	Activity: Exploring sensory toys.	Activity: Reaching for the sun	Activity: Hello, Friend!	Activity: Big and small toy exploration.	School Family Book with pictures of children
	Sign Language: More	Sign Language: All Done	Sign Language: Happy	Sign Language: Stop	
Reading time	Book:	Book:	Book:	Book:	Work on individual Infants goals
Social and Emotional Development • Trust and Emotional Security • Self-Awareness • Self-Regulation • Relationships with Others	Finger Play: This Little Piggy.	Finger Play: Day and Night Fingers	Finger Play: Hands Together, Friends Forever	Finger Play: Open, shut them.	Repeat/Recall
	Modeling Emotions: Happy	Modeling Emotions Feeling sunrise and sunset	Modeling Emotions Surprised	Modeling Emotions: Calm	Labeling- objects and emotions
Cognitive Development • Exploration and Discovery • Problem Solving • Memory • Imitation and Make Believe	Activity: Mirror play.	Activity: Counting star	Activity: Peek-a-Boo Diversity Faces	Activity: Up and down movement play.	Teachers will work on problem solving

Items needed for Month Lessons & Activities:Group: Infants-8weeks-12monthes/ 1'sMonth: **January 2026**

Activity/Lesson	Items needed	Need support?	Date Needed?

Reflection:

What did the infant learn/enjoy, what did they master? _____

What would you do differently or what developmental goals to add to the Lesson Plan?
